



# Lara Isabel

(407) 595 - 9349

lara.isa.rodz@gmail.com

**Hair: Black**

**Eyes: Brown**

**Height: 5'1"**

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## Training:

### **Stella Adler Studio of Acting - Intro Evening Program (Summer 2022)**

Voice and Speech: Joe Goscinski

Movement: Nick Piacente

Acting Technique: Josh Davis

Improvisation: Andy Schneeflock

Scene Study: Jon Korkes

### **Stella Adler Studio of Acting - Summer Conservatory (Summer 2023)**

Voice and Speech: Joe Goscinski

Shakespeare: Elizabeth Shepherd

Movement: Nick Piacente

Acting Technique: Patrick Quagliano

Improvisation: Noel Wilson

Scene Study: Mike Grenham

Dance: Ronald K. Alexander

Acting for Film and Television: Alberto Bonilla

### **Atlantic Acting School - Full Time Conservatory (Fall 2023- Spring 2025)**

Voice: Francine Zerfas

Suzuki: Kelly Maurer

Scene Study: Tom Costello Anya Saffir

Shakespeare: Anya Saffir

Film: Alana Barrett-Adkins

Movement: Redding-Jones

Commedia dell'arte: Montgomery Sutton

Styles: Montgomery Sutton

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## Experience:

### **Lake Nona High School (2019)**

Improv Showcase

### **Stella Adler Studio of Acting (2022)**

This is Our Youth by Kenneth Lonergan (Jessica Goldman)

The Secret Lives of Losers by Megan Mostyn-Brown (Neely)

### **University of Central Florida (2022)**

Teen Girl FANTasies by Kimberly Bellflower (Britt)

### **Atlantic Acting School (2024-2025)**

Dry Land by Ruby Rae Spiegel (Ester)

Extremities by William Mastrosimone (Marjorie)

Belleville by Amy Herzog (Abby)

The Moors by Jen Silverman (Moor-hen)

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## Skills:

Bilingual (Spanish & English)

Accents (Mexican, British RP, Irish, French, Cockney, & German)