

ATLANTIC ACTING SCHOOL

ATLANTIC'S COURSES

MOVEMENT

The Laban/Bartenieff principles are used to explore, describe and analyze movement to promote physical clarity and specificity. The class is designed to develop body awareness, strength, flexibility, and to coach actors toward becoming more physically centered for ease and efficiency in movement. By the year's end, movement exercises are applied to and explored in scene work.

SUZUKI & VIEWPOINTS

The Suzuki Method is a rigorous physical and vocal discipline for actors created by Tadashi Suzuki and his company. Drawing on a unique combination of traditional and innovative forms, the training strives to restore the wholeness of the body as a tool for theatrical expression.

The Viewpoints training is a technique of improvisation that was born out of the Post Modern dance era. In the Viewpoints training, actors explore elements of Time and Space, such as, tempo, repetition, gesture, shape, floor pattern and kinesthetic awareness. This exploration helps the actor to gain physical expressivity and to learn to build work as an ensemble. The Viewpoints training develops in an actor strength in movement, full body listening and the ability to follow a physical impulse.

VOICE

The first semester focuses on creating a strong, flexible instrument to support active choices by employing Chuck Jones' methodology. Various exercises strengthen and tone the muscles involved in making sound, release excess tension and focus concentration. The class also addresses issues regarding vocal health and the care and maintenance of the professional voice. Students finish the first semester with a dependable warm-up. In the second semester, exploration of the warm-up exercises continues, while various assignments put the voice into action using a wide range of material.

Advance Voice classes introduce the work of Catherine Fitzmaurice and students working on full-length productions are supported with vocal coaching as they would on a professional production.

SPEECH

The first year includes an introduction to the International Phonetic Alphabet (IPA) with an intense concentration on 'good speech' as per the teachings of Edith Skinner. Students' speech patterns are dealt with through diagnostic recordings. The importance of IPA fluency is stressed as a practical tool for 'scoring' classical text and dialect challenges.

During the second semester, poetry and Shakespearean sonnets are introduced as application opportunities for further skill development. Advanced Speech classes also introduce dialect work and can include coaching on full-length productions.

SCRIPT ANALYSIS

Students work on scenes of increasing length and difficulty in order to learn the steps of analysis and develop their stagecraft. Emphasis is placed on finding clear, compelling objectives, playing those objectives truthfully and learning how to stage scenes effectively. Great attention is paid to developing professionalism, maturity and ensemble spirit in the class groups.

In advanced Script Analysis, students take on a Throughline project in which they analyze the leading role of an entire play. Scenes from the plays are brought in for multiple rounds. In each round, the scenes lengthen and the students learn to deepen their interpretation of the scene and the play. For their final presentations, students address the design aspects of their plays, using their ingenuity to stage the scenes as fully as possible. Advance Script Analysis may focus on canon-specific work such as Chekhov or American Writers.

MOMENT LAB

In Moment Lab, actors explore their potential to "act before they think." They are readied to dive into the given circumstances of a play with impulsive freedom, curiosity, and dynamism. By prioritizing heightened presence, holistic listening, and brave intimacy in their acting, students learn to deepen and expand their improvisational skills, with and without text.

The lab encourages the honest and specific connection to another actor in each and every moment of performance. Using Sanford Meisner's Repetition exercise as a touchstone to practice heightened moment work, and drawing on ideas and philosophies from various performance aesthetics, actors will focus on the concept of "radical presence" in their acting via a range of exercises, etudes, improvisations, and short scenes.

SHAKESPEARE

A technical approach to Shakespeare immerses students in the nature and practice of poetry. Students learn to revolutionize the imagination and to investigate the experience of passion.

ON-CAMERA AUDITIONS & CASTING

Professional Casting Directors examine how on-camera acting differs from acting for the stage. Students are videotaped as they work on prepared material. They explore on- and off- camera auditions, including: Monologues, Cold Readings, Audition Sides, Callbacks and the Interview Process. Students gain confidence and experience in front of the camera, as well as the necessary skills to aid them in winning the role.

PERFORMANCE TECHNIQUE

The goal of the first year is to provide students with a set of physical habits that complement those learned in Script Analysis. The actors learn how to implement an analysis through improvisation-based exercises and scene work. The focus is on how to simplify acting and find the parallels between behavior in real life and behavior on the stage, bringing together skills learned in Moment Lab with those learned in Script Analysis.

Advance Performance Technique classes look to explore the integration of skills through their application to media-specific (such as film and television) or canon-specific (such as contemporary female playwrights) work.

STYLES

This course varies in topic from semester to semester, though its focus is always on a specific, uniquely demanding style in theater, film or television acting. Past courses have included: Comedy Styles, which focuses on a range of comedic specialties; Restoration, which focuses on Restoration-era drama; Television, which focuses on NYC-produced television series of varying genres and Webisodes and New Media, which focuses on emerging platforms of storytelling. Occasionally, this course is offered in a workshop format to augment another co-requisite class such as Shakespeare or Chekhov.

INTRODUCTION TO NEW YORK THEATER

In this course, students examine the current landscape of the New York theater scene, investigating the artistic climate of Broadway, Off-Broadway, Off-Off Broadway and regional productions. The course covers the history of New York Theater and traces its evolution over the past two hundred and fifty years. Since the mid-eighteenth century, professional theater has acted as the beating heart of New York culture. What influence does theater have on society? How do you design a contemporary season? What are the current staging trends and where are they heading? How has the commercial success of Broadway ebbed and flowed in recent decades and why? Students are asked to attend professional productions. Their thoughts and experiences provide a rich component to class discussion as we evaluate how theatrical motifs translate from the page to the stage.

WRITING PERFORMANCE WORKSHOP

Students are encouraged to take the initiative and discover what it is like to create their own work. Playwriting fundamentals are addressed as students write, act and direct their own sketches, and then put together an evening of their best work at the end of each semester.

FILM SCENE STUDY

Students learn to deepen their understanding of specificity with on-camera study. Students perform scenes in front of the camera and then watch the work with their peers. This class helps the student to understand the technical aspects of filmmaking and to develop the skills required when working in front of a camera.